

Willington Medical Practice Patient Participation Group (PPG)

June PPG Meeting (ZOOM)

The minutes of the last update have been approved by the group electronically and will be displayed on PPG notice board and surgery website.

Present

Holly Goodrich, Janice Heier (treasurer), Margaret Hooley (chairperson), Pete Horridge (vice chairperson), Sally Lovatt (treasurer) and Ann Wood

Apologies

Sara Bains, Chris Baker, Joan Burton, Sue Carter, Pat Harvey, Val Shelton, Maisie Trotman, and Vic Wright

The group were very pleased to welcome Lucy Gibson, Toyah Brookes and Matthew Parr (Social Prescribing Link Workers) to the meeting.

MH welcomed everyone to the meeting.

From the last and previous meetings Mother and baby Group

(Update)The midwife has said she is still interested in the formation of this group and has said she will speak to Health Visitors

Website

CBa suggested that a list of GPs and their specialities/CV (and possibly a photo) could be added to the website. This will be mainly covered by the PPG leaflet available on website.

Update from HG: A new website is planned which should have the type of information suggested.

SG suggested a support group for patients with health anxiety. HG suggested that it could be a PCN development held on neutral ground.

Treasurer's report

£7476.71 C/A (this includes money donated for blinds and will be paid as soon as they are completed) and £25.47 petty cash. £40 (by SL) has been paid for the NAPP affiliation. £28.78 to be paid to PeH for Zoom and this will continue as a monthly fee if it is utilised. £34.95 has been paid for flowers to thank Christine for her service to PPG. There is no income from books as they have been cleared from the surgery during the pandemic.

Fred Spencer has been contacted and is happy to audit the accounts.

The PPG has approved payment for a screen to be installed at reception to protect staff and patients and improve confidentiality (at present patients are having to stand 2m from reception desk and it means confidentiality cannot be assured).

Plan for JH to prepare cheques and MH to countersign and distribute.

Christine Bould

The group were saddened to hear that Christine has decided to resign from the PPG after 10 years of magnificent support for PPG. Christine has been a loyal support to the committee and instrumental in organising the events and raffles held at the surgery. Her contributions, humour, dedication and interest will be greatly missed.

Surgery Update by HG

The blinds should have been installed on 16th June but are still not ready. 50% deposit has been paid. Holly has gone back to the company and awaiting response. Terms and conditions were requested because we tried to cancel the order on the grounds that it had not been fulfilled within an acceptable time frame but the company claim that a refund is not applicable under T&C. A reduction in price is requested as compensation. Holly has requested the formal complaint documents.

The surgery processes haven't changed in the last 4 weeks so as reported last month all appointments are initially over the telephone and via video consultation.

The guidance has changed around patient wearing face coverings – we had an initial couple of boxes of the masks from Turkey that the NHS couldn't use as they are not clinical masks. The guidance is now to request that all patients coming for a face to face appointment provides and wears a face covering to help protect both clinician and patient. The pharmacy is selling masks, that you can wash, at £4 or the surgery website shows how to make one.

We have started back doing B12 injections but most other items (apart from immunisations and some blood tests) are still on hold.

Appointments are being guided day by day and week by week by advice and guidance.

Notice Board has gone up – Sally and I are looking to work on items for it this week – any ideas would be great.

Dr Maronge is promoting a Children's' Lockdown Art Competition

Social Prescribing Link Worker

The team are working at Willington Surgery at present. MH requested email addresses so that minutes and information can be shared.

PH asked for the correct title for 'Social Prescribers'. The terms social prescriber and link worker tend to be interchangeable.

Person in need has a personal identified need and if offered options and the patient then chooses and takes control of decision based on information received.

Report from PeH about Meditation Sessions

a) Local business sponsoring 100 meditation slots to avoid any conflict with GPs GMC contract. Sara and I actioning that as a separate, Non - PPG matter.

C-19 volunteers and 'Spotted' (Willington and Repton) and the Marina Facebook group have been offered the meditation session

b) Alternative set of words passed to Holly for consideration, possibly making the use of meditation initiatives secular avoiding putting GPs in compromising position.

c) Response received from CCG regarding meditation initiative, and how local community-based initiatives possibly residing in religious settings should be approached in the future, under the umbrella of social prescribing

Pete's question to CCG was:

How can you help me and the Willington surgery PPG get this initiative passed this potential blocker, showcasing it as a fine example of social prescribing working at its best, a brilliant early win for the role, one that will provide enormous benefit quickly at a time of great need?

The response came from FOI officer, Derbyshire CCG

Thank you for your enquiry regarding meditation as part of mental health care provision, and please accept my apologies for the delay in responding to you.

Our Primary Care and GP Commissioning Team have responded to your enquiry as below.

Social Prescribing Link Workers are funded by Primary Care Networks as part of the GP primary care team but may be located in a practice or with another organisation such as a CVS. The following is a general description of what they do, but this may vary according to the direction given by the funding PCN and /or the local manager in the host organisation.

You are correct to say that the Link Worker receives referrals from the primary care team. They then work with individuals to help identify wider support and engagement options that improve health and well-being by meeting individual needs. Whilst these options may sometimes include services commissioned or provided by the NHS or Social Care, they can also be activities undertaken alone or with a group of friends, and are often provided by voluntary, community or faith organisations.

Link Workers engage with the patient that the GP offers a social prescription service to, giving them time to discuss what matters to them in terms of improving their health and well-being and how they might be able to achieve that. In doing this, link workers do not refer to specific activities, rather they provide information about a range of options and an opportunity for conversation at a very individual level, encouraging personal choice at all stages. The Link Workers can then facilitate initial engagement with the service or activity if this is required. If no appropriate services exist, Link Workers can engage with individuals and others such as local voluntary sector infrastructure services to support the start-up of community groups.

You are also correct to suggest that NHS England who developed this role have developed a straightforward assurance process that can be used by link workers in respect of these non-clinical services or activities. This is not intended as a general validation and is specific to the social prescribing process. The patient remains personally responsible for their own well-being when taking part in any self-care options and the organisation or group is responsible for fulfilling all of its own obligations.

In respect of the list of potential opportunities that you have included this is where Link Workers might be involved subject to agreement by the local employer:

- Online chats using facilities like Zoom. GPs can refer patients to their Social Prescribing Link Workers who have adapted their usual ways of working so that distance support, by phone or other methods is now a key part of what they do. Link Workers can also introduce the patients they work with to NHS Volunteers for a 'check in and chat' or to CVS befriending services for ongoing input.
- Investigating provision of online Talks/quizzes. If someone that is referred to your local link-worker identifies this as something that they would like to do, the link-worker can help them to source talks and quizzes that will match the interests that they have identified.
- Provision of meditation sessions. Meditation might be an identified part of what someone decides they want to do on an individual basis. The Link worker would then, if required, support the individual to identify a meditation programme that is right for them in terms of availability, location, delivery method and content.
Link workers would not pro-actively promote any service above another but would be happy to identify that one is provided locally if this was important to the individual.

An increase in mental health vulnerabilities has been widely recognised as a growing issue during this pandemic and lock-down period and it is good that you have identified this as a local need. To further support your intention to prioritise this can I point you in the direction of two local websites that both contain a considerable amount of helpful information on this issue:

[Joined up Care Derbyshire](#)

Covid-19 Information for the public including health and well being

[Derbyshire County Council](#)

Community Response and emotional health and well being

Future Plans

Skin Lesions

Skin Lesions education event. Not likely to be held due to COVID19

PPG AGM

The AGM will be postponed. The most likely date is September and the committee the accounts will close in August. All officials currently elected are happy to continue until AGM.

Any Other Business

Vic Wright gave his apologies for the meeting and is grateful to receive notes and also wrote: Service from the practice and pharmacy continues to be exemplary, we are very lucky. Have a bag of books increasing every day.

HealthWatch

No recent bulletin received.

Next meeting Tuesday 21st July 2020

Agenda Items please forward to Margaret Contact: mhooley.hoolmarkprt@btinternet.com