

# Willington Medical Practice Patient Participation Group (PPG)

## March 2020 Electronic Update Meeting cancelled because of COVID19

The minutes of the last meeting have been approved by the group electronically and will be displayed on PPG notice board and surgery website.

### From the last and previous meetings

#### Mother and baby Group

(Update)The midwife has said she is still interested in the formation of this group and has said she will speak to Health Visitors

#### Website

CBa suggested that a list of GPs and their specialities/CV (and possibly a photo) could be added to the website. This will be mainly covered by the PPG leaflet available on website. Update from HG: A new website is planned within next three months which should have the type of information suggested.

**SG** suggested a support group for patients with health anxiety. HG suggested that it could be a PCN development held on neutral ground.

#### Recycling Inhalers

A5 flyers have been produced and these are in use by Practice Nurses to encourage recycling.

#### Carers Update

A full-page summary encouraging patients to register as carers went in Spring Newsletter.

Response from PeH and seconded by VW.

*I remember thinking during the initial presentation that the individual handouts that she gave as the talk progressed were really interesting and useful but as the slot progressed, I started to get overwhelmed by all the information.*

*How would others feel when presented with all the information without the benefit of the lady to talk them through things I wonder?*

*I guess what I'm saying is we need to think through how we present the info which may also mean reducing and phasing what we pass on?*

I have updated the Carers Packs to reduce the amount of information provided as at the focus group the ex-carers told us that there was too much in the pack and our consensus was that there was so much it was hard to take it all in.

The key documents are a questionnaire, leaflet on benefits, leaflet on social care, leaflet on CVS services, information on Derbyshire Carers and a general caring leaflet.

<https://www.england.nhs.uk/wp-content/uploads/2016/04/nhs-practcl-guid-caring-v1.pdf>

#### Treasurer's report

£7350.54 C/A (this includes money donated for blinds and will be paid as soon as they are completed) and £25.47 petty cash. The bank account new mandate for signatures has been sorted. Thank you, Janice! £230 has been raised in book money and will be banked as soon as practical.

#### Surgery Update by HG

- 1) The surgery at the moment is still open and we aim to keep it open as long as we can staff it.
- 2) The NHS app is a great way for people who do not already have online access to repeat prescriptions to have access to these – this is great as you do all your ID on your phone so you don't have to visit the surgery.
- 3) Please don't order your medication early as we cannot process it.
- 4) Please guide people to NHS.UK or Gov.uk – and good Facebook sites to follow are LMC Derbyshire
- 5) Our website has information [www.willingtonsurgery.co.uk](http://www.willingtonsurgery.co.uk) including online consult where people can send us information or request and they have a specific coronavirus section.
- 6) Dr Liam O'Hara will cease to be a partner at Willington from 31<sup>st</sup> March. The practice is very sad to lose 'DrO' but after over 30 years' service he felt it time to cut down his commitments.

## Guide to self isolating:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## Feedback from the PCN/PPG Meeting from Margaret Hooley

We met on the 26th February as previously arranged. Representatives from Alvaston, Haven, Parkfields present.

Holly had kindly given me some ideas to put to the group which included the following:

1) General discussion on access to GP appointment times, Aspro who run Hollybrook & Sinfin, Parkfields and Haven are working towards a hub for handling appointments for all their surgeries.

2) Making practices greener - I had done some research and put forward some suggestions which we could possibly look at across our GP practices. They include: solar panels, reducing over prescribing, prescribing green inhalers (dry powder instead of mdi inhalers), sustainable diets reduce chronic disease, encourage outdoor experience to improve mental health, green prescribing is non-medical intervention. I shared a link to South Yorkshire (greenserpractice.co.uk) where they talk about green impact audit for health toolkit.

*Think I overpowered the group with my suggestions !! but possibly our PPG could focus on one of these areas, would be interesting to do the impact audit?*

3) Primary Care Development Centre new training - was well received and I agreed to find out more details. This is training for PPG members and the title is 'How can PPG groups best support General Practice. (still on my to do list !!)

4) Operation/Practice Managers meetings - just feedback from our Chair to say their meeting notes are confidential!

5) STP - Staffordshire Sustainability and Transformation Plan - didn't make a lot of sense really except it focusses on joint working between Health and Social Care

AOB - I mentioned about Derbyshire Carers and suggested other PPG invite to their meetings.

I was asked to send a copy of our patient information leaflet to Alvaston PPG which I have done already. Also confirmed the link on the surgery website.

Next meeting 20th May subject to room availability.

## Future Plans

### Skin Lesions

Skin Lesions education event. Not likely to be held due to COVID19

The AGM will most probably be postponed.

### Any Other Business

None

### HealthWatch

The recent HealthWatch bulletin was circulated. Not much change and most of the reviews are quite old. The survey on caring at home is still on going. There is an update on orthotics service.

Next meeting – to be confirmed

Agenda Items please forward to Margaret Contact: [mhooley.hoolmarkprt@btinternet.com](mailto:mhooley.hoolmarkprt@btinternet.com)